



# TOWN OF COLCHESTER

Commission on Aging

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*Nancy A. Bray*

NANCY A. BRAY  
TOWN OF COLCHESTER

## Colchester Commission on Aging

### Regular Meeting Minutes

Monday November 8, 2010 – Colchester Senior Center

**Members Present:** Chairperson Jean Stawicki, Vice-Chair Theresa Hendricksen, Clara Erickson, Bernie Erickson, Sue Maikshilo, Rose Levine, Betty Ann Oppelt

**Members Absent:** Bill Wagner, Barbara Warden

**Others Present:** Patti White, Rosemary Coyle

- 1. Call Meeting to Order:** The meeting was called to order by Chairperson Jean Stawicki at 1:02 p.m.
- 2. Minutes:** Sue Maikshilo motioned to approve the regular meeting minutes of 10/12/10. Clara Erickson seconded. All other members present voted in favor. MOTION CARRIED.
- 3. Financial Report:** Bernie Erickson reported that dial-a-ride collected \$378.60 in October. Of that, \$193.00 was for out of town trips. Betty Ann Oppelt motioned to approve the Financial Report. Theresa Hendricksen seconded. All other members present voted in favor. MOTION CARRIED.
- 4. Chairman's Report:** Jean Stawicki reported that there is a shortage of hospital beds because nursing homes are overcrowded. A discussion followed regarding this issue.
- 5. Senior Center Director's Report:** Patti White reported that the 'Keeping Seniors at Home' program was very successful. The target audience was there and there was a lot of useful information. People even stayed late asking questions. Rose agreed and added that she is already thinking of other speakers to invite to future programs.  
The Friendly Visitor program orientation also went well. 8 people attended and the facilitator was very good. TVCCA is working on a list of shut-ins that might benefit from visitors.  
Patti said the Holiday Fair will be held this weekend. There will be a pre-sale this Wednesday at Town Hall.  
A Thanksgiving meal will be served to the Senior Center on November 17<sup>th</sup>.  
The Senior Center Study Group has gotten over 300 responses so far for their survey. They are in the process of sorting through all the information they've gathered and are beginning the decision making process. The Commission

discussed the pros and cons of the different options that the group was charged with by the Board of Selectmen. Patti mentioned that the upcoming year's budgets are already being looked at and she has been asked, along with some other departments, to submit a proposed plan that could combine/streamline services for budgetary considerations.

Theresa Hendricksen motioned to approve the Senior Center Director's Report. Sue Maikshilo seconded. All other members present voted in favor. MOTION CARRIED.

**6. Old Business:**

**A. Bylaw Review:** Discussion ensued regarding changing the bylaws so they are in line with the Town Charter and Town Ordinances. They decided to do this via email along with Rosemary Coyle and Patti White.

**7. New Business:** Jean Stawicki asked what they can do to encourage discharge planners to release seniors to their homes rather than nursing homes. The group talked about this issue and will readdress it after the holidays.

**8. Adjournment:** Clara Erickson motioned to adjourn the meeting at 2:08 pm. Bernie Erickson seconded the motion. All other members present voted in favor. MOTION CARRIED.

Respectfully submitted,



Michelle Komoroski